## Natural Processes for the Restoration of Drastically Disturbed Sites

David F. Polster, M.Sc., R.P.Bio., CERP Polster Environmental Services Ltd. Ecological restoration is the process of assisting the recovery of an ecosystem that has been degraded, damaged, or destroyed.

Natural disturbances have occurred since the beginning of earth.

## By looking at how natural processes restore these disturbances, we can gain insights in the restoration of sites we disturb.

## At one point not long ago most of the northern hemisphere was covered by ice.

# Now we have a diversity of ecosystems,

# with all sorts of fancy interactions and connections.

## Natural processes made this happen.

How can we define strategies for the restoration of drastically disturbed sites?

## Milk River, AB

What are the species that establish naturally on disturbed sites?

What characteristics do these species have?

What are the mechanisms of establishment?

How do pioneering species build soils on sites with no soil?

## On gravel bars?

#### Develops soil horizons



#### Starts soil building, N fixing

Adds organic matter

## Ecosystems in motion.



#### Develops soil horizons

## Lichens fix Nitrogen, start soil building

Adds organic matter

## Ecosystems in motion.

**Behind retreating glaciers?** 

#### Conifers develop soil horizons

## Alders fix Nitrogen, start soil building

Willows add organic matter

## Ecosystems in motion.



#### Conifers develop soil horizons

Lichens fix Nitrogen, start soil building

and the state of the

Deciduous species add organic matter

## Ecosystems in motion.

# On landslides?

Showy plants add diversity

Pioneering plants start rebuilding the ecosystem

#### Conifers move in

### Ecosystems in motion.

Natural processes build ecosystems from scratch.

# So how can we use these natural processes to restore ecosystems?

What are the "filters" that are preventing recovery, and how can we "assist" that recovery?

## Common abiotic filters:

Steep slopes Adverse texture Nutrient status (+/-) Adverse chemical properties Soil temperature extremes Compaction Adverse micro-climatic conditions **Excessive erosion** 

## Common biotic filters:

Herbivory Competition Propagule availability Phytotoxic exudates Facilitation **Species interactions** 

**Spotted Knapweed** 

Centaurea maculosa

# So let's look at how natural processes address these filters...

...so we will have some ideas when we cause a disturbance.

What about steep slopes and adverse textures? 11 7 2005

## Frank Slide

## Over time natural processes "restore" these sites.

Studying how this happens provides a foundation for the design of restoration programs for our largest disturbances

## Vegetation of talus slopes on the Liard Plateau, British Columbia\*

by D.F. POLSTER, Calgary, and M.A.M. BELL, Victoria



By looking at natural solutions to revegetation we can develop effective restoration systems

Fine textures at the top, free draining in the middle, larger rock at the bottom.

## By pushing the fine textured materials over the face we can eliminate the limitations of the coarse substrate.

# By making the surface rough and loose we can control erosion.

No seeding or topsoil is needed to regrow a forest on this site using natural processes.

Helicopter seeding exploration trench in the Upper Elk Valley in the fall of 1977
#### **Upper Elk Valley**

Seeded with agronomic grasses and legumes in 1977, photographed on October 26, 2017, 40 years later.

#### Upper Elk Valley

The agronomic grasses and legumes we have been using for erosion control and reclamation prevent effective recovery of these sites. <sup>2</sup> 2005

# How can we deal with erosion without grass and legume seeding?

#### "D 10" Bulldozer

#### Spreading soil material...

#### "D 10" Bulldozer

# Erosion starting on smooth surface before spreading is even completed.

### Making the surface rough and loose

#### Roughened the whole surface

Cost of rough and loose treatment at Kemess Mine was \$715/ha while hydroseeding costs over \$3,500/ha

Making surfaces rough and loose controls erosion and enhances native species establishment.

#### Northern BC, September 22, 2014

#### Rough and Loose Restoration Treatments

# Creating ideal conditions for vegetation growth.

#### West Portal, Planting in 1989

**Rough and loose** 

#### West Portal, 1989

#### West Portal tree & shrub planting, 1989

#### West Portal August 25, 1992

#### West Portal August 5, 1997

#### West Portal July 15, 1999

#### West Portal August 3, 2003

## West Portal July 8, 2005

## West Portal July 27, 2008

West Portal September 17, 2011

West Portal September 17, 2011

West Portal September 17, 2011

West Portal, September 9, 2014

#### West Portal, April 27, 2015

#### West Portal, September 24, 2015

## West Portal September 24, 2015

#### West Portal, October 12, 2016.

# West Portal Sept. 22, 2017, 28 years after planting.

# Vancouver has a major river so I suspect there are issues with river bank erosion.

# Finding suitable plant materials is the first step in restoring river banks.

This is a site on the North Saskatchewan River in Devon AB First we identify the filters that are preventing recovery (steep slopes and a big river).

#### Looking at the site from the other way.

Wattle fences are short retaining walls built of living cuttings that can be used to deal with the steep slopes.

#### The river presents the second challenge – we need to slow flow velocities to prevent erosion.

## A happy class Devon Alberta, April 19, 2017

Dense Live Staking along the toe of the slope will slow the flow of the river and allow sediment to be deposited on the shore.
Sediment collected after high flows

# July 3, 2017



# November 13, 2017

Dense stands of riparian vegetation protect river banks by slowing the velocity of the water (Porcupine River, YT).

## Soil bioengineering solutions for the Point Grey Cliffs

# UBC Slopes, Winter 1988/89

# UBC Slopes, March 6, 1989

70° Slope

# Doesn't change slope (70 degrees)

### Changes conditions for vegetation growth

1989

# UBC slopes initial test planted winter of 1987/88, May 7, 1988



# UBC Slopes, May 28, 1990

# UBC Slopes, January 18, 1990

18

# UBC Slopes, 1996

# UBC Slopes, March 25, 1999

# UBC Slopes, March 25, 1999

# UBC Slopes, July 4, 2012

## UBC Slopes, July 4, 2012

# UBC Slopes, November 26, 2012

# UBC Slopes, January 21, 2016

# UBC Slopes, February 3, 2017

# UBC Slopes, February 3, 2017

### UBC Slopes, January 25, 2018

Gas plant site near Edmonton to be restored, March 11, 2010



# Planting pioneering vegetation, April 14, 2010

# Planting pioneering vegetation, April 14, 2010, note fence.

### August 19, 2011

Two growing seasons

# Happy Balsam Poplar...

# August 17, 2013

## February 24, 2015

# September 25, 2015

### September 25, 2015

Six growing seasons after planting and we have 25 ft. high trees!

# Pioneering forest established, October 27, 2016





Lots of Prickly Rose found in many areas, October 27, 201

A diverse forest has a diversity of organisms, October 27, 2016
# As the forest matures, additional species will establish, October 27, 2016

The use of natural processes can provide cost-effective solutions for the restoration of drastically disturbed sites.

Oil Sands Restoration September 20, 2017

#### Oil Sands Restoration September 20, 2017

Make the ground rough and loose and don't seed with grasses and legumes.

BC Hydro removed the Heber River Dam and was faced with the need to restore the disturbed sites

### There was a 3 km penstock that was also removed.

# What are the constraints or filters preventing natural recovery?

## What are the successional patterns that operate in the region?

#### So we made project sites rough and loose (= increased topographic heterogeneity) and covered them with woody debris (October 7, 2012).

#### Dam area, October 7, 2012

### Dam area, July 15, 2017

### By November 13<sup>th</sup>, 2012 the project sites were ready for winter.

### Monitoring transects were established at 5 project locations, July 16, 2013

#### Dam area, July 16, 2013

# Woody debris is an important natural process for bringing in other species.



## In 2017, fruit bearing plants were found in 98 % of the 50 plots.

## An average of 5,410 Red Alder seedlings/hectare were found in 2013

#### Including between the rocks of the riprap

## These will grow to lock the rip-rap in place

## Alder are establishing in the rip-rap along the river.

July 15, 2017

#### By 2014 an average of 8,554 Red Alder seedlings/hectare (and 67 other species) were found

In 2015 an average of 5,392 Red Alder seedlings/hectare were found along with 80 other species

By 2016 an average of 6,162 Red Alder seedlings/hectare were found along with conifers in most of the plots.

In 2017 an average of 6,963 Red Alder seedlings/hectare were found along with conifers in 98 % of the plots and 84 other species.

#### July 15, 2017

The growth of conifers under a canopy of deciduous species is enhanced.

#### March 9, 2016

#### Penstock crossing area

#### July 16, 2013

### July 23, 2014

### July 6, 2015

### March 9, 2016

### July 20, 2016



In addition, the diversity of species that have established (over 80 different species) means that the restored ecosystems have a high degree of ecological resilience.

None of these plants were purchased and planted saving on the order of \$15,000/ha.

#### Including a bunch of showy species.

Year	No. of	Cover of Alder	No. of	No. of Conifer	Total Cover
	Alder / ha		Other Spp.	Occurrences out of 50	
				plots	
2013	5,412	Less than 1%	32	3 (1 spp.)	1.10%
2014	8,550	2.60%	68	31 (2 spp.)	9.20%
2015	5,392	17.72%	80	30 (4 spp.)	36.30%
2016	6,162	27.04%	75	40 (3 spp.)	46.40%
2017	6,963	34.58%	84	49 (5 spp.)	54.00%

## Salient features of 5 years of monitoring at the former Heber Dam

### Questions???

July 15, 2017



Consider applying to become a Certified Ecological Restoration Practitioner



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